

- 2023 -

SEPTEMBER

FRIDAY

**DILLER ODELL
PUBLIC
SCHOOLS**

CEREAL CHOICE SERVED DAILY

MILK CHOICE SERVED DAILY

4

LABOR DAY
NO SCHOOL

5

GRIFFIN GRIDDLE
SANDWICH
FRUIT CHOICE
JUICE

6

FRENCH TOAST STIX
FRUIT CHOICE
JUICE

7

DONUT DAY
SMOOTHIE
FRUIT CHOICE
JUICE

8

BREAKFAST BURRITO
FRUIT CHOICE
JUICE

11

BREAKFAST PIZZA
FRUIT CHOICE
JUICE

12

WAFFLE
FRUIT CHOICE
JUICE

13

PANCAKE & SAUSAGE
ON A STICK
FRUIT CHOICE
JUICE

14

DONUT DAY
SMOOTHIE
FRUIT CHOICE
JUICE

15

CHEESE OMELET
TOAST
FRUIT CHOICE
JUICE

18

BISCUITS & GRAVY
FRUIT CHOICE
JUICE

19

PANCAKES
FRUIT CHOICE
JUICE

20

FRENCH TOAST STIX
FRUIT CHOICE
JUICE

21

NO
SCHOOL

22

NO
SCHOOL

25

OATMEAL
TOAST
FRUIT CHOICE
JUICE

26

CINNAMON ROLL
FRUIT CHOICE
JUICE

27

PANCAKE & SAUSAGE
ON A STICK
FRUIT CHOICE
JUICE

28

DONUT DAY
SMOOTHIE
FRUIT CHOICE
JUICE

29

BREAKFAST SLIDER
FRUIT CHOICE
JUICE

SEPTEMBER 2023

DILLER ODELL PUBLIC SCHOOLS

LUNCH



School Information:
MILK CHOICE SERVED DAILY
FRUIT & VEGETABLE BAR SERVED DAILE
FED FROM THE FARM



September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains. **THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Labor Day
 NO
 SCHOOL

4

HOT HAM & CHEESE
 SANDWICH
 POTATO ROUNDS
 STEAMED BROCCOLI
 APPLESauce

5

FIESTADO
 REFRIED BEANS
 CORN
 FRESH FRUIT

6

BBQ MEATBALLS
 SCALLOPED POTATOES
 STEAMED PEAS
 PINEAPPLE
 ROLL

7

GENERAL TSO CHICKEN
 WRAP
 SWEET POTATO FRIES
 FRUIT CHOICE
 SHERBET CUP

8

GRILLED CHICKEN
 SANDWICH
 BAKED BEANS
 POTATO SALAD
 FRUIT CUP
 PEANUT BUTTER BAR

11

HOT DOG ON BUN
 FRENCH FRIES
 STEAMED CARROTS
 TROPICAL FRUIT

12

CHICKEN FAJITA
 MEXICAN RICE
 CORN
 FRESH FRUIT

13

SALISBURY STEAK
 MASHED POTATOES
 GREEN BEANS
 SLICED PEACHES
 ROLL

14

CHICKEN BACON
 RANCH PIZZA/CHEESE
 PIZZA
 GARDEN SALAD
 FRUIT CHOICE

15

BREADED PORK PATTIE
 SCALLOPED POTATOES
 STEAMED CARROTS
 PINEAPPLE
 ROLL

18

CAVATINI
 GREEN BEANS
 SLICED PEARS
 GARLIC FRENCH BREAD

19

NACHOS
 REFRIED BEANS
 CORN
 FRESH FRUIT
 CINNAMON ROLL

20

NO
 SCHOOL

21

NO
 SCHOOL

22

PIG IN A BLANKET
 BAKED BEANS
 FRESH VEGGIES
 TROPICAL FRUIT

25

FED FROM THE FARM
GRILL MASTER BURGERS
 FRENCH FRIES
 FRESH BABY CARROTS
 TROPICAL FRUIT SALAD
 CHOCOLATE CHIP

26

WALKING TACO
 REFRIED BEANS
 FRESH FRUIT
 RICE KRISPIE BAR

27

POPCORN CHICKEN
 MASHED POTATOES
 CORN
 FRUIT CUP
 ROLL

28

SPAGHETTI &
 MEATSauce
 GARDEN SALAD
 SLICED PEARS
 GARLIC FRENCH BREAD

29

COOKIE